

BOYS PRE-TEST

For each of the statements below, select the best answer from the choices given.

1. For most boys, puberty begins between the ages of 10 and 17.
TRUE FALSE
2. All boys start shaving during puberty.
TRUE FALSE
3. Mood swings are often a part of puberty.
TRUE FALSE
4. To help smell fresh, shower and apply deodorant once a week.
TRUE FALSE
5. During puberty, your voice may “crack” because your vocal cords are growing.
TRUE FALSE
6. Wet dreams are abnormal.
TRUE FALSE
7. Changes that happen during puberty usually happen once.
TRUE FALSE
8. Puberty involves physical and emotional changes.
TRUE FALSE
9. For most boys, during puberty:
 - a. voice deepens
 - b. body grows taller and more muscular
 - c. hair grows under arms, on the face, and in the pubic area
 - d. penis and testicles grow larger
 - e. all of the above
10. One body change that happens to you during puberty is:
 - a. you sweat less
 - b. you sweat more
 - c. your body naturally smells better
 - d. you eat less
 - e. all of the above

BOYS POST-TEST

For each of the statements below, select the best answer from the choices given.

1. During puberty, some boys may have emotional ups and downs.

TRUE FALSE

2. All boys start shaving during puberty.

TRUE FALSE

3. Wet dreams are abnormal.

TRUE FALSE

4. During puberty, your voice may "crack" when you are talking. This is because your vocal cords are growing.

TRUE FALSE

5. Physical changes in boys occur as a result of estrogen.

TRUE FALSE

6. Showering daily and using a deodorant are the only ways to fight body odor and wetness.

TRUE FALSE

7. Testosterone is:

- a. a sweat gland
- b. an emotional reaction to puberty
- c. the primary female hormone
- d. the primary male hormone

8. A growth spurt means you may grow several inches at once and that is normal.

TRUE FALSE

9. Semen is a fluid that contains sperm.

TRUE FALSE

10. Sperm are made in the:

- a. pituitary glands
- b. penis
- c. scrotum
- d. testicles